

A FRESH START

A Guide to Your Salvation

Here are the first 10 days of your 30-day journey as you grow
in your relationship with Jesus.

Come grab your full copy at church — we would love to walk



Our Message To You

Welcome to “A Fresh Start”. Whether you just started following Jesus or seek to strengthen your faith, this book is just for you. We are excited about your choice to give your heart to Jesus today! Life is precious, and we have only one chance to live it fully for Christ. We will face many ups and downs, and the way to get through them and stay steady is to strengthen yourself with what you read and believe in the Bible.

James 1:21 reminds us to accept God’s Word with humility because it can change us from the inside out. Begin by starting to change your thoughts to align with God’s Word by asking, “What would Jesus do?” It’s a simple yet profound way to live life. This is called renewing your mind and is one of the best ways to change your life around – God’s way.

Let’s begin with a prayer, asking the Lord for guidance. Through Jesus, you have all you need to live a joyful and successful life, even in your weaknesses. God is gracious, ready to help you, and full of love for you.

Prayer:

Precious Father, please give me a sincere and humble heart that will always receive Your Word with meekness. Give me a heart that does not hold onto unforgiveness. Change my heart to be quick to forgive. Help me to do Your will, now and forever, in Jesus’ name. Amen.

Yours in Christ,

Bernard & Belinda Mulder
SENIOR PASTORS & FOUNDERS

Declaration

I am a son of God revealed,
I am blessed with every blessing in Christ Jesus.
I am saved, I am healed, I am delivered,
I am a life-giving spirit.
I accept His sacrifice on the cross,
And His resurrection power in my life.
I am bound to His Word
And can do what it says I can do.
I receive the Word with meekness
And I am changed from glory to glory.
I have the God-kind of faith,
I am the righteousness of God,
And will never be the same.
Jesus Christ is my Lord!

Introduction

God's wonderful plan of salvation through Jesus Christ is revealed in the Bible. This plan is so simple that even a child can repent and believe in Jesus, yet it is so profound that there is no other way to be saved from sin and death.

There are a few reasons why you picked up this book. This could be the beginning of your friendship with Jesus, or maybe you're returning to Him after a long time. You may want to make your bond with Him stronger. Whatever the reason, you're starting one incredible journey. Congratulations, we are proud of you!

Once a person hears the message of salvation, we have put down ten key steps in developing a relationship with Jesus. These steps will guide you toward a deeper understanding of your faith and how to live it out.

"For the grace of God has appeared, bringing salvation to all people." Titus 2:11 (NASB)

Step 1: Admit

Read Romans 3:23-24, Romans 3:10 and Romans 6:23.

Accepting God's saving grace begins with a simple but important step: admit that you are a sinner in need of God's love, mercy and forgiveness. It's you saying that you need His saving grace in your life. It's in this honest moment with God that you allow His life-changing power and love to work in your life.

Step 2: Believe in Jesus

Read John 3:16, Ephesians 2:8-9, 2 Corinthians 5:21 and Romans 5:8-9.

By faith, believe that Jesus is the Son of God, lived a sinless life, died on the cross for your sins, was buried and rose from the dead.

Here, you begin to build strong faith by believing that Jesus willingly shed His blood on the cross for your sins and has victory over death by rising from the grave. Accepting this foundational belief opens the door to an incredible faith journey.

Step 3: Confess

Read Ephesians 1:13-14, 1 John 1:9, Romans 10:9-10 and John 3:5-6.

Begin by confessing your sins and being honest about them to God. Next, make a conscious decision to turn away from those sins, a step toward true repentance. Finally, ask God to forgive your sins and wipe your sins away. Pray for this out loud.

This is called righteousness. This is being made right with God by what Jesus did on the cross. It is not something you can do or need to earn, but it totally depends on Jesus giving you His righteousness as a gift. All you need to do is accept and receive His righteousness as your own. This is powerful.

Here, you experience the power of forgiveness, becoming blameless in God's eyes - just as if you had never sinned. We refer to this as being "born again", and it means you start a new life. You get saved when you confess and believe that Jesus died for you and that He was made alive. In all this, what you say must come from a sincere heart.

Step 4: Water Baptism

Read Acts 8:36-38, Romans 6:3-5 and Acts 9:1-19.

Water baptism is a significant step, symbolising your repentance (turning away) from sin and your wholehearted belief in Jesus. As Christ died, was buried and was later raised to life, when you get baptised, you are burying your old self under the water once and for all and as you are lifted out of the water, you are raised into a new life in Christ Jesus. Baptism is the outward sign of what has already happened in your heart.

Even a child, understanding forgiveness and faith in Jesus, can choose to be baptised. Baptism is publicly showing that you have committed your life to Jesus and will now be living a new life. This is a very important step in your walk with Christ.

Step 5: Holy Spirit Baptism

Read Luke 24:49, John 20:22 and Acts 8:12-17.

Once you've been born again and baptised in water, the next exciting part of your Christian journey is to be baptised in the Holy Spirit. This is when you humbly ask the Holy Spirit to permanently fill you with His presence, giving you the strength and guidance you need for your Christian walk.

It's possible to experience this alone, but you may find it helpful to ask one of our pastors or care pastors who are filled with the Holy Spirit to lay hands on you and pray with you. Our Get Connected tent is always available for a Care Pastor to support you in prayer. Baptism in the Holy Spirit is not earned or deserved; it's a precious and free gift from the Father, given to those who genuinely desire and ask for it.

Part of being filled by the Holy Spirit is the ability to pray in a different language. This is a gift that God gives us as a special way to talk to Him.

Read 1 Corinthians 14:2.

Prayer:

Heavenly Father, You said in Your Word that You give good gifts to Your children and want to give me the gift of the Holy Spirit, so I come to You with a pure and hungry heart, desiring to be filled by Your Holy Spirit. Let Your Spirit fill me today and always with the outward sign of praying in the Spirit. In the name of Jesus, please baptise me with the Holy Spirit and give me my heavenly language from above. Amen.

Take the step now and start to speak by faith in the Spirit.

Begin to praise God for filling you with the Holy Spirit. You may sense joy and peace starting to rise in you and words or syllables forming that are not in your language. You don't need to be afraid to speak these words, but begin to worship and praise God in the words that He gives you. That is the language of the Holy Spirit. Praying in the Spirit is an excellent way to connect with God and strengthen your faith. It's like having a secret, powerful tool at your disposal. Don't hesitate to embrace and use it to connect with God.

A 30-Day Devotional

Building a relationship with God is a step-by-step journey with Him as you grow in your faith and love for Him. You don't need to have all the answers figured out. You can come to God as you are. Spending time with Jesus will help you get to know God better, understand Him more, know what He wants, and discover your identity as one of His children.

This 30-day reading plan is designed to help you get started. Don't just read; speak to God and take the actions He prompts you. Whatever pace you choose, stick with it. Don't give up. This is your starting point, and God will guide you. Each day includes a task, a Bible verse to read and a prayer.

The Bible is the most incredible book! It is living and active and will change you because it will reveal Jesus to you, and He never leaves anyone the same. The whole point of reading the Bible is not knowing about Him but knowing Him for yourself. Follow a reading plan. Underline your favourite verses. Read the Word with your head and heart open. God is inviting you to find your life in His story.

Days 1-5

ACT

Start your Bible reading journey by reading one or two chapters daily in the book of Luke (in the New Testament). Along with that, read and think about the daily scriptures below. As you read the verses in this section, pick one that speaks to your heart. Write it down and commit to memorising it this week.

READ

DAY 1: Ephesians 2:6-10. Life in Christ is a gift.

DAY 2: Romans 3:21-26. Jesus lifts you out of sin and into a new life.

DAY 3: 2 Corinthians 5:14-19. God loves you as you are, but He loves you too much to leave you as you are.

DAY 4: Romans 6:9-14. Jesus didn't come to make bad people good; He came to make dead people alive.

DAY 5: John 10:7-10. Believing in Jesus secures eternal life in heaven and promises an abundant and purposeful life on earth.

PRAY

Lord Jesus, thank You for dying on the cross for me. Thank You for paying a price I could never repay to grant me a life I don't deserve. I pray that You will give me a hearing heart. Teach me how to recognise Your voice and obey it. Take more of me and give me more of You. Let everything about me become everything about You, all my thoughts, words, and deeds. In Jesus' name. Amen.

Days 6-10

ACT

During this week, talk to someone about Jesus. You could share your favourite Bible verse on social media, invite someone to church, or tell someone why you're excited to start your relationship with Jesus.

READ

DAY 6: John 1:9-14. Jesus, the Son of God, brings all of God's Word to life.

DAY 7: Hebrews 11. Living by faith entails believing that God has a greater purpose.

DAY 8: 1 Kings 19:10-18. Even when we feel distant from God, He is always near us.

DAY 9: Proverbs 3:5-6. God doesn't require us to comprehend Him fully but to obey Him wholeheartedly.

DAY 10: 2 Timothy 3:14-17. God's Word is alive, active, and applicable to everyone.

PRAY

God, I trust You completely. I might not get everything about You, but I know You are always with me. O Holy Spirit, help me to always choose Jesus in everything I do. I know Your love for me, and I'm confident You will never abandon me. Please remind me of this each day. Lord, open my heart to Your faith, open my heart to Your Holy Spirit, and open my heart to Your Word. In Jesus' name. Amen.

References

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